



Summer Schedule

Monday

9:00am – 11:00am Coffman Tumbling
1:00pm – 4:00pm Scheduled Privates
4:00pm – 4:45pm Jumps & Stretching
4:00pm – 4:45pm Cheers & Motions
4:45pm – 5:45pm Beginner Tumbling 6th grade -12th grade
6:00pm – 7:00pm Intermediate/Advanced Tumbling
7:00pm – 8:00pm Alder Tumbling
8:00pm – 8:45pm Stunt Class 1
8:45pm – 9:30pm Stunt Class 2

Tuesday

10:00pm – 4:00pm Scheduled Privates
4:00pm – 5:00pm Beginner Tumbling 6th grade – 12th grade
4:00pm – 4:45pm Jumps & Stretching
4:00pm – 4:45pm Cheer & Motions
5:00pm – 6:00pm Weaver Tumbling
5:30pm – 6:30pm Intermediate/Advanced Tumbling
6:00pm – 7:00pm Beginner Tumbling 1st grade – 5th grade

Wednesday

9:00am – 1:30pm Day Camps (see day camp info for schedule)
1:00pm – 4:00pm Scheduled Privates
4:00pm – 4:45pm Jumps & Stretching
4:00pm – 4:45pm Cheers & Motions
4:00pm – 5:00pm Intermediate/Advanced Tumbling
4:45pm – 5:45pm Beginner Tumbling 6th grade -12th grade
6:30pm – 7:30pm Fairbanks Tumbling
8:00pm – 8:45pm Stunt Class 1
8:45pm – 9:30pm Stunt Class 2

Thursday

10:00pm – 4:00pm Scheduled Privates
4:00pm – 5:00pm Beginner Tumbling 6th grade – 12th grade
4:00pm – 4:45pm Jumps & Stretching
4:00pm – 4:45pm Cheer & Motions
5:00pm – 7:00pm Cardinal Cheer Practice
6:30pm – 7:30pm Intermediate/Advanced Tumbling
8:00pm – 8:45pm Stunt Class 1
8:45pm – 9:30pm Stunt Class 2

Friday



Summer Schedule

Saturday

10:00am – 12:00pm Open Gym (Check Website for days)

Sunday

12:00pm – 12:45pm Stunt Class 1

12:45pm – 1:30pm Stunt Class 2

Schedule may change each month based on availability